## ABSTRACT OF THE DISCLOSURE

A magnetic treatment system and method for generating a large uniform magnetic field to enhance the health of human subjects through exposure to the magnetic field. The system has narrow coils which allow excellent visibility to and from the subject being treated. The method of the invention provides for the heuristic adjustment of the various system parameters to ensure adequate uniformity, volume, and strength of the magnetic field. To facilitate comfort and convenience during extended periods of treatment, the system also has various types of resting surfaces within the volume of space containing the uniform magnetic field. Though there is no theoretical limit for the intensity of the uniform magnetic field generated by this invention, typical field strengths range from ten times the earth's magnetic field strength to forty times the earth's magnetic field strength to forty times the